



Catrice M. Jackson

*International Empowerment Speaker, P-Spot
Passionista and International Best-Selling Author*

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Catrice M. Jackson, International Empowerment Speaker, P-Spot Passionista, International Best-Selling Author and Global Leader of the GetNAKED Movement fearlessly liberates the souls of women worldwide. Catrice serves up delicious life recipes that inspire women to ***Get NAKED***, discover their juicy spot, own it, celebrate it and sprinkle it into the world. Catriceology, Catrice's signature life empowerment brand *Catriceology*, is a unique concoction infused with a savvy and sassy flavor that helps women experience the freedom to be fearless, fierce and fired up in their lives. Catrice's global mission is to create, cultivate and sustain and world-wide community of brave, bold and brilliant women who live in their P-Spot by abandoning what they "should" be and becoming who they are. Catrice is passionate about helping you feel the pulse of your purpose, experience profound peace and press PLAY on your passions for more pleasure and prosperity and helping YOU do it, NAKEDLY delicious!

Keynote Speaker

Workshop Facilitator

Women's Circle Facilitator

Personal Power Coach

Radio Personality

The Flavor of Catriceology

Inspirational & Informative

Dynamic & Bold

Fresh & Innovative

Engaging & Transformative

Compassionate & Honest

Vibrant & Empowering

Thought Provoking & Authentic

Website: www.catriceology.com

Radio Show: www.blogtalkradio.com/catriceology

Twitter: www.twitter.com/catriceology

My Mantra: "Doing it my way, with no regrets or the need to ask permission, gracefully being souled, covered in favor, serving up the Catriceology flavor and doing it fearlessly, FREE and simply just being me." Experience Catriceology at www.catriceology.com



International Best-Selling Author

Catrice is the author of *Soul Eruption! An Amazing Journey of Self-Discovery*, *Delicious! The Savvy Woman's Guide for Living a Sweet, Sassy and Satisfied Life* and *The Art of Fear-Free Living: Awaken Your Genius*. Catrice also co-authored the book *Embracing Your Authentic Self* compiled by Linda Joy.

International Speaker & Global Visionary Leader of the Get NAKED Movement

2012 Finalist for the Stiletto Woman in Business Awards

--Coach/Mentor of the Year

--Entrepreneur of the Year -Teaching/Education

2011 International Best-Selling Author

--Embracing Your Authentic Self

2011 Best-Selling Author

-- The Art of Fear-Free Living

2011 Featured Contributor

--The Law of Attraction Magazine

Life Transitions for Women Expert

--Always New You

Authentic Business Brand Expert Blogger

--Little Pink Book

"Her Life" Expert Contributor

---She Is Dallas

Soul-filled Life Expert Blogger

--Soul Kisses TV

Why Hire Catrice?

“Catrice M. Jackson is a gifted, charismatic speaker who captivates audiences through a perfect blend of candor, compassion and humor. Her signature speaking style, Catriceology is deliciously different, transforms lives and is music to the heart. Catrice has a wonderful way of connecting with and engaging audiences with ease and grace. She shows up fresh, excited and ready to help your audience live more deliciously and provides practical, effective strategies for life and career success. Catrice delivers more than promised and leaves her audiences hungry for more.”

"Catrice cares deeply about people. She has dedicated her life's work to helping create a world that works for all. She is passionate, innovative, and inspiring. Listening to her speak is like hearing sweet, soulful music."--**Melissa Kopplin, LCSW**

"I went to see Catrice Jackson speak in South Sioux City, Nebraska, at the annual Dementia Conference. If you are looking for a motivational speaker for an upcoming event or staff development, I would highly recommend her. Catrice did a phenomenal job of motivating, engaging, and keeping the attention of the crowd. Audience interaction was inspiring and thought provoking. I was thoroughly impressed how Catrice handled the engaged crowd. I've often seen attendees monopolize the speaker's time or switch off topic. Catrice was in control of her audience the whole time and did it with kindness and humor. "Her speech or talk was heartfelt and very motivating. No one in the audience would doubt her sincerity. Some people were so inspired by her words that they were moved to tears. I knew she had the crowd when I looked around the room and all eyes were glued on her, not to mention she had attendees lined up to speak to her after her speech, including me!" --**Kerry Vondrak, WITCC**

For more information on Catrice M. Jackson and to see speaking references and testimonials visit this website. <http://www.catriceologyenterprises.com/testimonials.html>

Speaking Soundbites

“Catrice is the best Circle facilitator based on her understanding of people and their personalities, her patience, listening skills and expertise in making everyone feel welcome and loved wherever Catrice is. All the times that I have met with her, I leave feeling new, rejuvenated and with a purpose. No one facilitates better than Catrice. Catrice, I am glad to be a part of what you do...keep it up!” --**Camilia Mendoza**

“Catrice is an enthusiastic speaker who brings energy and excitement. She is very experienced and knowledgeable. Her expertise allows others to open their minds to new possibilities as well as motivate one to take action and move forward with changing their lives as well as empowering those around them.”
---**Dr. Donna Stewart, Psychologist, Boys Town**

"Captivating Audiences" ~ "Deliciously Different" ~ "Gifted, Charismatic Speaker" ~ "Transforming Lives"

"Catriceology is Music for Your Heart" ~ "Fresh, exciting and ready to help your audience get delicious!"

"Connects and engages with the audience with ease and grace." ~
"Practical, effective strategies for life and career success."

"Leaves her audiences hungry for more." ~ "A perfect blend of candor, compassion and humor."

Keynotes for Every Occasion

Catrice M. Jackson believes in delivering messages that are soul-inspiring and sensory. Catrice doesn't just speak, she creates experiences for her audiences that INspire them to believe they can do anything they choose and be who they desire to be. She infuses a sizzling, satisfying flavor into every word she speaks so participants can "feel" what she shares. Catrice loves to personally connect with the audience by moving through the crowd making soul to soul connections. Her messages are full of truth, candor, humor and passion for helping people live life fully on their own terms. Participants often find themselves on the edge of their seats, craving every spoken word and asking for more. Catrice loves to speak and her messages are always high energy, content rich moments where participants receive the strategies and resources to be successful in achieving their heart's desires.

Openers: The appetizer you need to wake up the audience, prepare the learning palate and set the tone for an empowerment zone.

Mid-Day: A full serving empowerment and inspiration your audience will devour, digest and savor. Recharge your audience with a delicious boost of energizing inspiration.

Closers: Top the day off with a sweet sampling of tasty tips and real life strategies to invigorate your audience and send them off ready to create change.

A Sample of Catriceology Keynotes...



Beyond the Mask: This soul-inspiring message challenges participants to think about the ways they may be hiding or playing small in their lives. Catrice shares the top 5 ways women hide, cover up and live behind the mask and how they can unveil who they really are to play a bigger game in life and business.

Create the Bang! How to Broadcast Bigger, Bolder and Brighter: Everyone wants to be seen and heard yet many women struggle in finding their voice and often shy away from speaking it. Catrice shares innovative and effective strategies for getting your voice out in the world in a big, bold and brilliant way. Women in business love this message because it empowers them to step into the spotlight and serve more people in a way that honors who they are while showcasing their gifts.

Whose Life is It Anyway? The NAKED Truth: Catrice inspires women to let go of the internal and external expectations of how one should be, live or do business. Participants learn how they are giving away their personal power and gain ready-to-use strategies to take it back, own it, celebrate and use it to craft a fearlessly delicious life they love.

These presentations can be offered in keynote speeches, breakout sessions, full or half day workshops and teleseminars. Catrice can also tailor a message to meet the needs and appetite of your audience.

Contact Catriceology Enterprises to book Catrice for your next event.

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Contact Information:

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Delicious Living: www.catricemjackson.com

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